

Three Year Olds Gym-N-Learn Daily Schedule

****Children are divided according to ability level and age-appropriate skills.****

Time	Event	Description
30 minutes	Gymnastics Lesson	<i>Gymnastic skills on Bars, Beam, Trampoline and Floor</i>
15 minutes	Choice Time	<i>Choose activity table to enhance daily curriculum</i>
15 minutes	Greeting Activity	<i>Activity tables that review concepts presented in class</i>
15 minutes	Circle Time	<i>Pledge with Stamp & Calendar Weather, days of week & months of the year, and curriculum song</i>
15 minutes	Fine Motor	<i>Daily activity to reinforce letters, numbers and shapes</i>
15 minutes	Art	<i>Painting, Coloring, Cutting and Gluing Crafts related to weekly theme</i>
15 minutes	Computer Lab	<i>Counting, patterning, and sorting with Educational Software and introducing basic computer skills</i>
15 minutes	Story time	<i>Read a theme-based story to children</i>
10 minutes	Teacher Talk/Ending Activity	<i>Miss Nicole tells parents about daily activities and upcoming events. Students receive sticker and school bags.</i>

*****Schedule is subject to change*****

Curriculum

Pre-Writing Skills

Trace basic shapes and letters
Recognize colors
Trace child's name

Math skills

Count numbers (1-10)
Recognize numbers (How many bananas?)
Name eight basic shapes
Build geometric pictures
Recognize different lines (wavy, straight, dotted)

Nutritional Skills

Identify "always" food vs. "sometimes" foods
Give an example of various types of food (Is the carrot a fruit or vegetable?)
Enjoy exercising
Keep rhythm to music

Basic Rules

Cooperate with other children
Wait in line
Move from one area to another in a "train" line
Listen and follow directions
Share with other people

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Fine Motor Skills

Work with puzzles
Pre-cutting & gluing daily art project
Hold writing tool correctly
Write the alphabet
Trace alphabet letter

Gross Motor Skills

Balance on a beam
Jump in various directions on a trampoline
Hop from one block to another
Stand on one foot
Hang in different position on the bars

Technology Skills

Click mouse
Drag mouse
Exit software

